

Grow Your Passion

Grow Your Passion and Flourish as an Oncology Nurse in 2023

The Oncology Nursing Foundation extends a huge thank-you for your kindness and dedication on behalf of our mission to support oncology nurses in 2022. Last year brought back an outpouring of support at the 47th Annual ONS Congress® in Anaheim, CA, the 12th Annual Parade of Chapters, and Giving Tuesday. For that, we are truly grateful.

Oncology nurses from around the world came together in 2022 to support one another and strengthen the profession. The oncology nursing community has an admirable passion for advancing cancer care, and that's why the Foundation continuously encourages and supports oncology nurses across the nation in their education, research, and practice.

In 2022, **the Foundation provided more than \$1.3 million in funding** to ensure that current and future oncology nurses have access to resources that can assist them in their educational, leadership, and research aspirations.

“The Foundation strives to support oncology nurses in their passion to create positive change for the patients they care for.”



Take advantage of the Foundation's [many resources for oncology nurses](#) to continue your education or fuel your research, all while growing your passion and flourishing as an oncology nurse.

Your generous ongoing contributions help sustain our mission and activities year after year. We hope you will [continue your strong support for our community](#) of oncology nurses so that they can continue growing their passion and flourish as healthcare professionals in 2023.

\$738,459

for research
grants

\$516,000

for academic
scholarships

\$110,835

for conference
scholarships

\$26,579

for career
development
awards

Reimagining the Mara Mogensen Flaherty Memorial Lecture



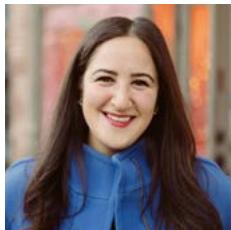
Debi Boyle, MSN, RN, AOCNS®, FAAN

In a brand-new, conversational format, the 2023 Mara Mogensen Flaherty Memorial Lecture will feature a three-person panel at the 48th Annual ONS Congress® in San Antonio, TX, with ONS member and 2000 Mara Mogensen Flaherty Memorial Lectureship Award recipient Debi Boyle, MSN, RN, AOCNS®, FAAN, serving as moderator.

The 2023 Mara Mogensen Flaherty Memorial Lectureship Award recipients—Suzanne Carroll, RN, MS, AOCN®, Lauren V. Ghazal, PhD, FNP-BC, and Amy E. Rettig, DNP, MALM, MSN, BSN, RN, ACNS-BC, PMHNP-BC—will join Boyle as panelists for the “Current Challenges: Nursing Sustainability” discussion on Friday, April 28, 2023, from 8:15–9:45 am.



Suzanne Carroll, RN, MS, AOCN®



Lauren V. Ghazal, PhD, FNP-BC

“Since 1982, the Mara Mogensen Flaherty Memorial Lecture has been an integral part of ONS Congress, addressing psychosocial topics. This highly anticipated presentation is steeped in tradition and reaches every member of the oncology nursing community,” Foundation Board of Trustees Mara Mogensen Flaherty Memorial Lecture liaison Cynthia L. Edlow, MBA, RN, said. “This year, the lecture examines balancing tensions, finding your voice, discovering and rediscovering your why, and the moral and ethical implications affecting nursing sustainability.”

Edlow added that ONS Congress attendees can expect a more interactive session in 2023. “Attendees will experience more audience participation and movement than in other lectures. We plan to use various mediums as means of engagement. At different times, the panelists will speak directly to individuals in the audience.”

Edlow said that the reimagined lecture’s goal is for the audience to walk away with pearls of knowledge and wisdom that they will immediately use. The new format allows the Foundation to make participants feel supported, encouraged, heard, inspired, and empowered.

[Stay tuned for the recording of this year’s lecture!](#)



Amy E. Rettig, DNP, MALM, MSN, BSN, RN, ACNS-BC, PMHNP-BC

Please Welcome the Oncology Nursing Foundation’s Newest Trustees

The Oncology Nursing Foundation is pleased to welcome several new members to its Board of Trustees.



Peggy S. Burhenn, MS, Gero-BC RN, AOCNS®



Bertie Fields, RN, MS (who previously served from 2013–2016)



Elyse A. Sporkin, MPH, RN, OCN®-Emeritus



Linda Cuaron, PhD, MN, RN

We also extend our sincerest gratitude to the Board members who completed their terms in January. Thank you for your service!

- Tracy K. Gosselin, PhD, RN, AOCN®, NEA-BC, FAAN, Board of Trustees 2017–2023, President 2019–2023
- Pearl Moore, RN, MN, FAAN, 2019–2023
- Marilyn J. Dodd, PhD, RN, FAAN, 2017–2023

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Transforming Cancer Care Through Research

During the final quarter of 2022, the Oncology Nursing Foundation invested more than \$730,000 in awards for 11 research projects covering a range of oncology nursing topics. Three research grants of \$100,000 each, one of more than \$88,000, and seven at \$50,000 each were awarded to nurse-led research projects.

Each project aligned with [ONS's Research Agenda](#) in topics such as symptom science, health disparities, and palliative and psychosocial care in oncology.

The grants were funded in part by the Foundation's endowment and through contributions from GSK, Gilead Sciences, Bristol Myers Squibb, Merck, AstraZeneca, the Oncology Nursing Certification Corporation, and the Christman Legacy Research Fund. Learn more about [the awarded research projects](#).

Making the Difference for Oncology Nurses and Patient Care



Susan Storey, PhD,
RN, AOCNS®, FCNS

2020 Foundation research grant recipient Susan Storey, PhD, RN, AOCNS®, FCNS, assistant professor at Indiana University School of Nursing in Indianapolis, IN, is analyzing data on health outcomes and symptom clusters in breast and colorectal cancer survivors with type 2 diabetes to nursing strategies that would improve their quality of life.

Storey explained that throughout her career, she observed that people with cancer who also had diabetes, with or without hyperglycemia, “seemingly had poorer health outcomes than those with cancer only,” leading her to consider how diabetes and hyperglycemia may influence health outcomes and symptom clusters in people with cancer.

“As people with cancer are living longer because of advancements in treatment, and the prevalence of diabetes is expected to increase exponentially by 2030, oncology clinicians will continue to be challenged in the care of people with cancer with this comorbid condition,” Storey said.

Storey used artificial intelligence, specifically natural language processing methods, to analyze the clinical

notes from large data sets in the electronic health record to examine health outcomes and symptoms clusters. Some of her findings included that people with colorectal cancer with diabetes had more anemia and infection and used more emergency department resources than people with colorectal cancer without diabetes. Storey also discovered that people with breast cancer and diabetes reported poorer physical function, attention function, and more sleep disturbance and fatigue than people with breast cancer without diabetes. Finally, she found that people with colorectal or breast cancer with diabetes had more and unique symptom clusters over the cancer trajectory than those without diabetes.

Storey said that her future plans are to develop interventions to test strategies to manage diabetes, mitigate symptoms clusters, and improve quality of life and health outcomes in people with cancer.

“The grant I received from the Foundation provided a foundation for my research on which I am continuing to build,” Storey said. “An outcome from the grant included building collaborations with other nurse scientists and interdisciplinary scientists to continue this important research. Receiving this grant has been career changing for me. I’m so grateful to the Foundation and to the donors for awarding me the grant and providing a foundation on which I can extend and expand my research to improve quality of life for people with cancer with diabetes.”

50 Legacies for the 50th

To honor the history and legacy of Oncology Nursing Society in its 50th year of supporting oncology nursing, the Oncology Nursing Foundation is seeking 50 legacy commitments for the milestone anniversary in 2025. Securing those legacy commitments now helps with future planning.

Information about our initiative is available in this year's upcoming promotional materials and on the Foundation's website. To join others who have made this meaningful commitment please reach out to Interim Executive Director Barbara Cinpinski, JD, at bcinpinski@onfgivesback.org or 412-859-6409 with any questions.

Celebrating 30 Years: Oncology Nursing Foundation/Pfizer Fun Run/Walk and Wheelchair Event

The Oncology Nursing Foundation's annual Fun Run/Walk and Wheelchair event is celebrating its 30th anniversary at the 48th Annual ONS Congress in San Antonio, TX! Take some time to rejuvenate, refocus, and revitalize by participating in the Foundation's physical wellness event.

The Fun Run/Walk and Wheelchair event is an opportunity for you, your friends, and your colleagues to kick off your weekend with an activity for a good cause. All proceeds benefit the Foundation and its Ann Olson Memorial



Participants at the 29th Annual Fun Run/Walk and Wheelchair event in Anaheim, CA.



Doctoral Scholarship Fund, which provides scholarships to registered nurses who wish to continue their education through a research or clinical doctoral degree. The Fun Run/Walk and Wheelchair event is made possible each year with the help of partner and sponsor Pfizer.

The Fun Run/Walk and Wheelchair event takes place on Saturday, April 29, in the San Antonio Hemisfair Park next to the Henry B. Gonzalez Convention Center. Warm-ups begin at 5:45 am, with the race starting at 6 am, rain or shine. Sign-ups are available when registering for ONS Congress (\$40) or on site (\$45) at the Pfizer Booth #101 on Thursday, April 27, and Friday, April 28, in the ONS Learning Hall. Your fee includes an event T-shirt (while supplies last), participation in the event, and refreshments immediately following the event.

We look forward to seeing you in San Antonio!

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Visit the Oncology Nursing Foundation at ONS Congress



We can't wait to be reunited with the oncology nursing community once more at the 2023 ONS Congress in San Antonio, TX! ONS Congress attendees can stop by the Oncology Nursing Foundation booth in the Henry B. Gonzalez Convention Center to make a donation to support the future of the oncology nursing profession and receive a Foundation pin as a gift, talk to Foundation staff about scholarships and awards, and return your fully stamped Passport to Care, an activity the Foundation offers annually during ONS Congress.

The Passport to Care, found in your welcome bag, guides participating attendees to explore the ONS Learning Hall and track the valuable information they learn at the exhibitor booths they visit. After their visit, exhibitors stamp the attendees' passports. Once attendees have collected all the stamps for their passport, they can return to the Foundation booth to receive a prize and be entered in a drawing for a special giveaway.

Participating in the activity ensures attendees discover all the fun activities and important resources exhibitors provide in the ONS Learning Hall.

The Foundation thanks our participating sponsors.

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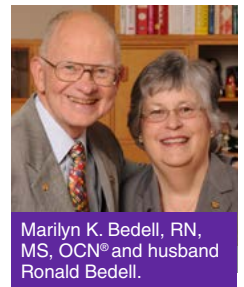
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**ONCOLOGY NURSING
FOUNDATION**

Creating a Legacy for Oncology Nursing

Marilyn K. Bedell, RN, MS, OCN®, is just one of the many individuals who has created a legacy for oncology nursing through a legacy commitment to the Foundation. We asked her about her journey as an oncology nurse, favorite memories of ONS, and ways to support oncology nursing and cancer research.



Foundation: What led you to the field of oncology nursing?

Bedell: When I graduated from UPMC Shadyside Hospital School of Nursing, I decided that I would leave Pittsburgh, PA, to head to New England with two of my fellow graduate nurses. I never thought that I would become an employee of Dartmouth Health (formerly Dartmouth-Hitchcock Medical Center, formerly Mary Hitchcock Hospital), in Lebanon, NH, for 50 years. I worked for a visionary head nurse, Lorraine Baker RN, who identified that most of our medical patients had oncology diagnoses. She made a commitment to find ways for us to do a better job in caring for this patient population.

At the same time, then-Senator Norris Cotton (R-NH) was able to secure federal funding to establish the Norris Cotton Cancer Center (now Dartmouth Cancer Center). The center was identified as a comprehensive cancer center in 1972, one year after I arrived at Mary Hitchcock. In 1972, the hospital hired its first master's prepared chief nursing officer, Marilyn Prouty. Prouty was committed to developing a professional nursing staff and lobbied for and secured funding for our unit to hire our first oncology clinical nurse specialist. As the stars aligned, I quickly realized that I was going to be a pioneer in oncology nursing.

What are your favorite memories as a member of ONS?

One year, I decided to attend a meeting with the ONS Administration Committee at ONS Congress. I was in awe of the nurse leaders leading the group. They welcomed me, and Barbara (Young) Summers, PhD, RN, NEA-BC, FAAN, mentored me to become an effective committee member. Then, I was elected to chair the committee.

The experience prepared me to be one of the first members of the Oncology Nursing Leadership Development Institute. I had the opportunity to work with a variety of oncology nursing leaders, including Brenda Nevidjon, MSN, RN, FAAN, who is now ONS's chief executive officer. We had a grand time developing the curriculum and leading a session at the institute. Through this experience, I learned a lot about the importance of mentorship—a topic I continue to study and apply throughout my career and in my personal life.

What inspired your generous legacy gift to the Foundation?

Maybe it is because of the COVID-19 pandemic, or maybe it is because of my background as an oncology nurse, but I continue to think about what I want my legacy to be. How do I want to be remembered? By giving to the Oncology Nursing Foundation there is a chance that long after I leave this earth, others will remember me as they receive scholarships, awards, research grants, and other gifts. Through the endowment, my husband, Ronald Bedell, and I hope others will understand how much I have learned through ONS, how ONS has transformed my professional and personal life, and how being a part of ONS has been a blessing beyond compare. I hope that the interest from our endowed funds will continue to help oncology nurses make a difference in the lives of patients with cancer everywhere. We are committed to helping nurses thrive professionally in the ever-changing healthcare environment.

Supporting the Foundation through donations warms the cockles of my heart. I also hope that others who read my reflections on ONS will consider what brings them the most joy in oncology nursing, and then consider supporting it through donations to the Foundation. Gifts of any size are welcome.



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APPLY NOW!

The following opportunities for 2023 funding are now open. Submit your application by scanning the QR code or visiting n.ons.org/ApplyNow.

Josh Gottheil Memorial Stem Cell Transplant Development Award: Applications due June 15, 2023

Leadership Scholarships: Applications due September 1, 2023

Putting Your Investments to Work for Oncology Nurses

Gift Planning Tips and Tax Savings Incentives

What You Need to Know About 2023's New Investment Laws

The new year brings more than resolutions—it also brings new laws and other changes that may affect your giving decisions. And with any economic change, you may be looking at your finances and wondering what it all means for you.

2023 brought forth new laws, known collectively as the Secure 2.0 Act, that affect retirement distributions. The act may affect your saving and your giving, but it may make it even easier for you to make a difference for the organizations you care about.



Learn more about how Secure 2.0 can affect you:

1. Increases the required minimum distribution (RMD) age
 - Secure 2.0 increases the age retirees must begin taking taxable withdrawals to 73 in 2023 and 75 by 2033, up from the previous 72. It does not, however, increase the age an IRA owner can take a qualified charitable distribution. That age remains at 70.5.
2. Adjusts for inflation the \$100,000 annual limit on direct gifts to qualified charities from your IRA
 - Are you 70.5 or older? If so, you may know about a popular option that allows you to make a gift directly from your IRA to a qualified charity without paying income taxes on the distribution. Historically, the amount you could give was capped at \$100,000 per year. This figure will now be adjusted annually for inflation beginning in 2024.



VISIT
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TO MAKE YOUR GIFT TO
THE ONCOLOGY NURSING
FOUNDATION!

Celebrating Oncology Nursing Month in May

As an oncology nurse, you are a source of strength for your patients and their loved ones. Your expertise and compassion provide hope and comfort for those facing the unimaginable. That's why we celebrate you—the oncology nurse—this May, and every month after.

This year's theme is "Making a Difference Every Single Day," and we invite you to join the Oncology Nursing Foundation once again in the celebration.

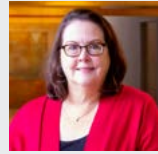
Here are some ideas to get started:

- Show your colleagues how much you appreciate them with [Oncology Nursing Month gifts](#).
- Become an active member of the ONS community by [volunteering to improve](#) oncology nursing and patient care.
- Nominate a deserving oncology nurse who displays a special commitment to the field for an [ONS award](#).
- Recognize a nurse [by donating to the Foundation](#) in their name.

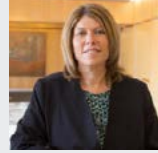


Meet Our Team

HAVE A QUESTION?
WE CAN HELP.



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- **Bertie Fields, RN, MS**
- **Elyse A. Sporkin, MPH, RN, OCN®-Emeritus**

THANK YOU

TO OUR GENEROUS SUPPORTERS FOR HELPING THE ONCOLOGY NURSING FOUNDATION FURTHER OUR MISSION TO SUPPORT CANCER NURSING EXCELLENCE!

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