

A Vision of Inspiration and Impact

From the desk of Anizia Karmazyn, executive director of the Oncology Nursing Foundation

2021 is a special year for the Oncology Nursing Foundation as we commemorate our 40th year as a pillar for oncology nurses. We invite you to join us in celebrating this important milestone.



Connie Henke Yarbro, MS,
RN, FAAN

Visions of the Oncology Nursing Foundation emerged 40 years ago by Connie Henke Yarbro, MS, RN, FAAN, the Oncology Nursing Society's (ONS's) president at the time and one of ONS's four founders. In her president's message published in the *Oncology Nursing Forum* that summer, she wrote, "We must explore sources

for, and perhaps participate in, funding for nursing education and research."

At the time, Connie was serving her second term as ONS president and for the fledgling Society, everything was new and urgent.

"With so many crucial initiatives on the table already, from chemotherapy guidelines to certification and addressing the educational needs of our nurses—I



Former Foundation Board President Cynthia M. LeBlanc,
Ed.D., gathered with Foundation supporters.

“ We must explore sources for, and perhaps participate in, funding for nursing education and research. ”

was not sure how the ONS board would respond to a proposal to create a foundation," she said, adding that few, if any, specialty organizations had a foundation back then.

The Board surprised her with an extremely positive response, and on November 27, 1981, the Oncology Nursing Foundation was formalized as a vehicle to accept charitable donations to support oncology nurses for years to come. Connie was appointed the Foundation's first chair and served in the role until 1986.

The first fundraising initiatives were conducted at the annual ONS Congress™, a legacy that continues today. And those small steps made a tremendous impact.

"We appealed to every member to give \$5 or \$10—that every dollar would make a difference. While we started out small, our ambitions were always great," Connie said.

Because of the foresight of our founders and the generosity of many champions like you, the Foundation has provided more than \$29 million in funding for oncology nurses in its 40-year history. Imagine **what we can do together** over the next 40 years!



A Creative Approach to Conquering Burnout

Tara Rynders, RN, MFA, BSN, knows firsthand how the arts can support nurses and patients alike through burnout, grief, and joy. “I have been dancing since I was little girl. It has been my resiliency throughout my life,” she told the Oncology Nursing Foundation.

Tara will share her story with fellow nurses on Tuesday, April 20, at 3:45 pm EST in the Foundation’s 2021 Mara Mogensen Flaherty Memorial Lecture during the annual ONS Congress™. Her message, “Collective Care: Holding Burnout, Grief, and Joy Through the Arts,” is an immersive, multimedia experience about the art and science of self-care through truth telling, self-compassion, creative expression, and, ultimately, the freedom to celebrate pleasure.

A nurse for more than 15 years, Tara currently works at Denver Health and Rose Medical Center in Colorado. In 2011, she received an MFA in dance with a specialization in movement and somatic practices

Combining her expertise in arts, mindfulness, dance, and movement with her nursing practice, Tara created immersive experiences for her colleagues that support self-care and raise awareness about the detrimental effects of compassion fatigue, burnout, and secondary traumatic stress.



from the University of Colorado at Boulder. She is also a certified advanced grief recovery specialist.

She has been awarded grants to pursue nursing research and her arts-based resiliency workshops. In her research, she and colleagues are assessing the outcomes of using art, movement, and play-based theater to help decrease burnout and secondary traumatic stress. Tara is also researching the correlation between compassion fatigue and burnout in healthcare providers and its role in health disparities, as well as moral injury in the nursing profession during the Covid-19 landscape.

The Mara Mogensen Flaherty Memorial Lectureship Award supports an annual lecture on a topic related to the psychosocial aspects of cancer diagnosis, treatment, and care presented by an individual who is an inspiration in the field. The first lecture was delivered in 1982 and was the first program initiative of the newly established Foundation. Its namesake was a young woman, Mara, who at the young age of 19 was diagnosed with Ewing’s sarcoma. She was told she did not have long to live, but her passion for education and survivorship advocacy sustained her for another 14 years. She managed the National Cancer Institute’s Coping With Cancer program, where her work on the project and her own remarkable ability to cope with cancer inspired her friends and colleagues to establish a lectureship in her memory.

The 2021 Mara Mogensen Flaherty Memorial Lectureship is presented in part through the generosity of Sarah Cannon, The Cancer Institute of HCA Healthcare.



Featured Friend of the Foundation

The Oncology Nursing Foundation is grateful for the many friends in our oncology nursing community who give of their time to serve as reviewers of the Foundation's scholarship, awards, and research grants programs. This issue's featured friend is Deborah K. Mayer, PhD, RN, AOCN®, FAAN, who has volunteered for and supported the Foundation throughout her career.

Deborah K. Mayer, PhD, RN, AOCN®, FAAN, has dedicated her life to oncology nursing. She served on the Oncology Nursing Society Board of Directors and was one of the Oncology Nursing Foundation's earliest trustees as its Treasurer. She is a loyal annual donor to the Foundation and a member of the Legacy of Care Society. More recently, Deb has dedicated her time to serving as a chair for the Nurse Scientist Research Intensive in 2020 and 2021.

Thank you, Deb, for your commitment and generosity that will make an impact on oncology nursing for years to come!

For more information about volunteering as a reviewer for the Foundation's awards and grants programs, contact Aly Kocon at grants@onfgivesback.org.



40
YEARS
1981-2021

COMPASSIONATE CHAMPIONS CLUB



Member Shares Her Story of Commitment

Every year, I renew my monthly giving pledge for the Oncology Nursing Foundation. I do so in memory of my brother who was diagnosed with lymphoma at the age of 55. He died in 2013 in South Africa, where I am originally from. I

Joy V. Hepkins, RN, MSN, OCN®, Yeadon, PA

am not even sure what type of lymphoma he had because the communication and medical culture in South Africa are so different.

Then in March 2020, just before the COVID-19 coronavirus was declared a pandemic, my dear husband was diagnosed with prostate cancer that was found during a work-up for a right shoulder rotator cuff repair. He is now recovering after treatment with radiation and androgen deprivation therapy.

During my husband's diagnosis and treatment, I was thankful to be an oncology nurse, not only to support my husband but to utilize the resources I have as an oncology nurse. The experience personally revealed to me not only

“ It is a privilege to give, and I am thankful I can give. It may not be much, but if everyone gave something, it will accumulate and go a long way at the Oncology Nursing Foundation to assist nurses to learn, to grow, to research and become experts in the field of oncology. ”

our role but also the knowledge that oncology nurses have in assisting patients during the treatment trajectory. For that reason, I feel even more compelled to give to the Foundation to enhance the knowledge, research, and support for nurses who want to attain higher education in the oncology realm. Ultimately the knowledge and expertise attained will be of great benefit to the recovery and cure of patients with cancer.

The Compassionate Champions Club is a special circle of donors who have committed to making a recurring gift to the Oncology Nursing Foundation. Most donors choose a monthly giving plan like Joy, whose consistent giving is crucial to providing a continuous and measurable impact on cancer nursing excellence. Recurring giving is an easy, automatic way to make a difference that works for your budget and schedule. To mark the Foundation's 40th anniversary, we invite donors to consider setting up a monthly contribution.

Oncology Nursing Foundation
125 Enterprise Drive
Pittsburgh, PA 15275-1223
+1-866-257-4667
info@onfgivesback.org



40
YEARS
1981-2021



Meet Jean Moseley, ONS Charter Member and New Legacy of Care Society Member

Jean Moseley, MN, RN, joined the Oncology Nursing Foundation's

Legacy of Care Society by arranging a gift for the benefit of future generations. She earmarked funds in her will to create the Jean and Steve Moseley Fund, which will provide educational and career development support for aspiring oncology nurses. The fund will honor the Moseleys' legacies of caring for patients with cancer in their respective practices as an oncology clinical nurse specialist and surgical oncologist. The fund also honors Jean as a charter member of the Oncology Nursing Society (ONS) and her caring commitment to supporting oncology nurses.

Jean told us more about her nursing history and shared her inspirations for creating a legacy for oncology nursing.

What led you to the field of oncology nursing?

I began my nursing career following graduation from my baccalaureate program in June 1973. I was fortunate to be hired to work on a medical unit in a large metropolitan hospital that included hospitalized patients with cancer receiving chemotherapy, recovering from side effects of treatment or disease, or receiving end-of-life care. I fell in love with the challenge and complexity of caring for patients with cancer and their family. I was hooked on oncology nursing and still am, two years into retirement.

When did you first get involved in ONS?

As a young, enthusiastic nurse, I was interested in learning all I could about the care of patients with cancer. Fortunately, nurses across America were beginning to network and share best practices about the particular needs and concerns of patients with cancer. I attended my first ONS meeting in Denver, CO, in May 1977. About 200 nurses attended that meeting, and the excitement about sharing their experiences was palpable.

What is a favorite memory as an ONS member?

One of my early memories from ONS involved serving on a committee that created guidelines for the first ONS chapters. We were scheduled to meet in Pittsburgh, and because I lived on the West Coast, my flight left early in the morning. I was the last committee member to land in Pittsburgh before they closed the airport because of a snowstorm. All three members from the West Coast made it to Pittsburgh, but the other two members were stopped in Chicago. Because we were determined to get the job done, we decided to move the meeting to Chicago instead. With the airport still closed, we left at 2 am and drove through the snowstorm in a rented car. I believe we arrived in Chicago with about 10 minutes to spare from the original meeting start time, thanks to the time change. We shared the driving and kept each other awake by telling stories, both personal and professional. We managed to complete our task, and ONS chapters became a reality.

Your legacy plan includes support for ONS Congress™ scholarships for oncology nurses. Why was this important for you to recognize?



I loved attending ONS Congress. From hearing our leading nurse scientists report their latest research, to learning about new options for symptom management, to small group discussions about specific topics of concern, the entire experience was always pertinent. Of course, my best memories involve visiting with old friends and making new ones. I always left ONS Congress exhausted, exhilarated, and anxious to return home and implement practice changes.

BEQUESTS

Deepen your connection to the profession by including the Oncology Nursing Foundation in your will. A gift through your estate helps to ensure that we continue our mission of support that impacts oncology nurses and their patients for years to come.

SAMPLE BEQUEST LANGUAGE:

"I give to the Oncology Nursing Foundation, a nonprofit corporation currently located at Pittsburgh, PA, or its successor thereto (written amount or percentage of the estate or description of property) for its unrestricted use and purpose."

Oncology Nursing Foundation
125 Enterprise Drive
Pittsburgh, PA 15275-1223
+1-866-257-4667
info@onfgivesback.org



40
YEARS
1981-2021

What inspired your generous legacy gift to the Oncology Nursing Foundation?

In 1974, I learned about a nursing conference held in New York City that was sponsored by Memorial Sloan Kettering Cancer Center (MSKCC). I was very excited about the conference's potential, but as a new nurse with student loans, it would be a real financial stretch. I decided to write to the planning committee to see if any scholarships were available. I promptly received a letter from Rachel Ayers, MSKCC's assistant vice president and department of nursing chair, granting me free registration for the conference. I did not know until later that she paid my fee out of her own pocket. Much to my surprise, she read my letter out loud during lunch on the first day. She said my description of the "team" I worked with and the care we provided our patients inspired her to help me reach my potential. She said she would be happy to hire me if I ever decided to move to NYC.

Her generosity decades ago challenged me to look for opportunities to help other cancer nurses. What better way to help cancer nurses than to make a bequest to the Oncology Nursing Foundation? I specifically want to support attendance at ONS Congress and encourage nurses to seek advanced practice credentials through funding for graduate nursing education.

We appreciate the tremendous foresight and generosity of the Jean and Steve Moseley Fund. Welcome to the Legacy of Care Society!

If you would also like to create a legacy for oncology nursing, contact Barb Cinpinski, JD, director of philanthropy, at info@onfgivesback.org, to arrange a confidential meeting.

New Fund Supports Leadership Development for Certified Nurses

The Oncology Nursing Certification Corporation has generously committed support for the creation of an Emerging Leaders Scholarship Fund with a gift of \$55,000 to the Oncology Nursing Foundation. This new fund will support two certified oncology nurses to attend a leadership development program up to \$1,200 each. The application process begins in March 2021, and the first scholarships will be available in October 2021.



APPLY NOW! Apply for research funding through the Oncology Nursing Foundation. The following opportunities are still accepting applicants:

DUE MARCH 15, 2021

2021 Ceira Boyle Nursing Student Congress Scholarship: Application

DUE APRIL 15, 2021

2021 Oncology Nurse Scientist Research Grant—General Topic: Letter of intent

DUE MAY 17, 2021

Focused Research Grants—Addressing Cancer Health Disparities (RE42): Letter of intent

DUE MAY 17, 2021

Focused Research Grant—Symptom Science (RE43): Letter of intent

DUE JUNE 15, 2021

2021 Josh Gottheil Memorial Fund Bone Marrow Transplant Career Development Award: Application

Oncology Nursing Foundation
125 Enterprise Drive
Pittsburgh, PA 15275-1223
+1-866-257-4667
info@onfgivesback.org



40
YEARS
1981-2021

At the 46th Annual ONS Congress™ Practice the Art of Oncology Nursing With Self-Care Through Yoga

Enjoy a 45-60 minute yoga session each day during the 46th Annual ONS Congress while supporting nurse wellness. Classes will provide the opportunity for relaxation and have a unique daily focus such as sound healing and lymphatic face massage. All levels of practice are welcome! Register for the yoga sessions when you submit your ONS Congress registration.

Classes by



Supported in part by



Prepare to Celebrate Oncology Nursing Month in May 2021

Even faced with the unimaginable, nurses provide fearless commitment and endless compassion to their patients every day. That's why we celebrate oncology nurses each May for Oncology Nursing Month. This year's theme is **Oncology Nursing: Inspiring Innovation. Inspiring Care**, and we invite you to once again join the Oncology Nursing Foundation in the celebration.

How to celebrate:

- Order Oncology Nursing Month **gifts**.
- Nominate a deserving oncology nurse for one of many **ONS awards**, which honor ONS members who display a special commitment to their field.
- Recognize a nurse by **donating** to the Oncology Nursing Foundation in his or her name.
- Use the hashtag #OncologyNursingMonth on Twitter to share how you're celebrating Oncology Nursing Month!



Staff Listing



Anizia Karmazyn
Executive Director
+1-412-859-6411
akarmazyn@onfgivesback.org



Barbara A. Cinpinski, JD
Director, Philanthropy and
Institutional Partnerships
+1-412-859-6409
bcinpinski@onfgivesback.org



Michelle Leta
Development Operations
Coordinator
+1-412-859-6231
mleta@onfgivesback.org



Aly Kocon, PMP
Foundation Programs
Coordinator
+1-412-859-6407
akocon@onfgivesback.org

Oncology Nursing Foundation
125 Enterprise Drive
Pittsburgh, PA 15275-1223
+1-866-257-4667
info@onfgivesback.org



40
YEARS
1981-2021

Did You Know?

The Oncology Nursing Foundation is a founding partner in the International Cancer Research Partnership (ICRP). Learn more about the Foundation's history of grantmaking for cancer nursing projects in the ICRP's [searchable online database](#) of worldwide cancer research.



Since 1981, the Oncology Nursing Foundation has awarded more than \$11 million in research grant funding to support research in areas such as symptom management, cancer health disparities, targeted therapy, and more!

Return of IRA Requirement Is an Opportunity to Support the Foundation

The [required minimum distribution is back](#) after having been waived in 2020. Now everyone aged 72 or older must distribute funds from their IRAs before the end of 2021. Through an IRA charitable rollover, you can give up to \$100,000 per year from your IRA directly to a qualified charity such as the Oncology Nursing Foundation, which can satisfy all or part of your required minimum distribution.

You'll see the difference your donation is making because it will be put to use immediately. Additionally, you pay no income tax on the gift because it is transferred directly from your account to the Oncology Nursing Foundation. In this way, it is never counted as income to you, and may serve as a desirable way to reduce your annual income level.

For more information and to request a convenient form to provide to your IRA administrator to facilitate your charitable rollover, contact Barb Cinpinski, JD, director of philanthropy, at info@onfgivesback.org.



THANK YOU

TO OUR GENEROUS SUPPORTERS FOR HELPING THE ONCOLOGY NURSING FOUNDATION FURTHER OUR MISSION TO SUPPORT CANCER NURSING EXCELLENCE!

Oncology Nursing Foundation
125 Enterprise Drive
Pittsburgh, PA 15275-1223
+1-866-257-4667
info@onfgivesback.org



40
YEARS
1981-2021