

FALL 2021 INSPIRATION AND IMPACT

A Legacy of Compassion and Care

From the desk of Anizia Karmazyn, executive director of the Oncology Nursing Foundation

2021 is a special year for the Oncology Nursing Foundation as we commemorate our 40th anniversary as a pillar for oncology nurses. We invite you to join us in celebrating this important milestone.



The Oncology Nursing Foundation's Legacy of Care Society recognizes, honors, and celebrates visionary individuals who have included a gift for the Foundation in their wills or estate plans.

One of the simplest ways to make an impact on the future of oncology nursing and cancer care is through a planned gift designated in your will or living trust. Regardless of your age or wealth, your will is an important document through which you distribute your assets to family, friends, and charitable institutions about which you care.

Past leaders of the Foundation viewed financial planning education as a meaningful way to support the oncology nursing community, according to Scarlott Mueller, MPH, RN, FAAN, who recently reflected on the importance of legacy planning from her years as Foundation president.



Scarlott Mueller, MPH, RN, FAAN Oncology Nursing Foundation Past President, 2010-2012

"In 2012, the Foundation Board featured a special newsletter interview about taking control of your future through financial and estate planning. We recognized how important this issue was to our own self-care and that of our family. We also started a tradition of presenting focused sessions at the annual ONS Congress® to assist each of us in planning for our future. In a few short years, attendance at those sessions grew from a handful of nurses to more than 100. I remember finally understanding so much more about personal resource management, no matter the amount, and the need for an estate plan to articulate my specific wishes. The message resonated about how important it was to take care of ourselves and our own families while caring for our patients and their families."

•• One of the simplest ways to make an impact on the future of oncology nursing and cancer care is through a planned gift designated in your will or living trust. **99**

During the Foundation's 40th anniversary, we invite you to join our growing community of legacy supporters. By creating a legacy commitment, you will help future oncology nurses provide skilled and compassionate care to patients with cancer while also honoring the profession about which you care.

Contact us to learn how to join the Oncology Nursing Foundation's Legacy of Care Society,

and help us ensure another 40 years of support for oncology nurses! Email us at info@onfgivesback.org for more information on legacy giving.



Featured Friend of the Foundation

When Hsiao-Lan Wang, PhD, RN, CMSRN, received her first research grant from the Oncology Nursing Foundation in 2010, it launched her career as a cancer nursing research scientist. Grateful for the catalyst, she now enjoys giving back to the Foundation by serving as a volunteer reviewer since 2012 for the Foundation's research grants program. This year, we were delighted that she agreed to chair one of our largest grant cycles.

"Like most of the post-doctoral fellow and junior faculty, I started submitting pilot grants to foundations. The Oncology Nursing Foundation funded my very first pilot study to test PAfitME (personalized Physical Activity intervention with fitness graded Motion Exergames). The study was small, and the design was simple. However, I learned a lot from it and created the full scale of intervention. The preliminary data from this pilot study were the basis for a current funded randomized clinical trial."

"Since then, I have tried my best to express my gratitude through service for the Foundation. I am much honored to serve as a chair for the Oncology Nursing Foundation grant review this year. The Foundation's contribution to maintaining the pipeline of oncology nursing research is profound. I am very proud to be part of it." –Hsiao-Lan Wang, PhD, RN, CMSRN

Dr. Wang also served on ONS's Fatigue Putting Evidence Into Practice team in 2016 and the ONS Award Review team in 2017. Thank you, Dr. Wang, for your important contributions to cancer research and the Oncology Nursing Foundation!

2021 Mentorship Award



Erica Fischer-Cartlidge, DNP, RN, CNS, CBCN[®], AOCNS[®]

Fostering Future Generations of Nurse Authors

Penning countless publications during her career, Erica Fischer-Cartlidge, DNP, RN, CNS, CBCN[®], AOCNS[®], has simultaneously given back, creating programs and serving

as a mentor for new nurse writers. In recognition of her contributions, the Oncology Nursing Foundation named her the recipient of the 2021 Connie Henke Yarbro Excellence in Cancer Nursing Mentorship Award.

Dr. Fischer-Cartlidge is director-at-large of the National Association of Clinical Nurse Specialists, past president of the New York City ONS Chapter, and a past chair of the Oncology Nursing Certification Corporation *Certification News* editorial board. Throughout her career, Dr. Fischer-Cartlidge has led numerous large clinical initiatives, including implementation of a hospital-wide standard for the prevention of mucositis, development of a penicillin allergy testing program, and the Publishing@MSK mentorship program.

The Connie Henke Yarbro Excellence in Cancer Nursing Mentorship Award was established to recognize and support excellence in oncology nursing mentorship. It is named in honor of Connie Henke Yarbro, a founding member of the Oncology Nursing Society and Foundation.

Erica's energetic, nurturing, and inspiring nature make her an exceptional mentor. The Foundation is delighted to recognize her for her caring investment in the career development of many oncology nurses whom she has mentored. 99

---Tracy Gosselin, PhD, RN, AOCN[®], NEA-BC, FAAN, Oncology Nursing Foundation President



Parade Celebrates ONS Chapters' Leadership and Generosity

Despite not being held in person because of the COVID-19 coronavirus pandemic, the 11th annual Parade of Chapters was a spectacular celebration. In light of the challenges the healthcare community has faced during the past 18 months, the Oncology Nursing Foundation is immensely grateful that ONS chapters came together virtually to make a difference. Of our 209 ONS chapters, more than 80 chapters participated, raising more than \$75,000 to benefit the oncology nursing community. These funds are essential in ensuring that aspiring oncology nurses can succeed and become strong leaders in our profession.

All donations from the Parade of Chapters campaign will help the Foundation meet the ONS Challenge, a fundraising campaign that has been running for most of this year. In honor of the Foundation's 40th anniversary, ONS set aside an additional gift of \$40,000 for the oncology nursing community to unlock. If the Foundation can raise \$60,000 for oncology nurses leveraging this special challenge during 2021, ONS will donate the additional \$40,000 to support the needs of oncology nurses. Thanks to ONS chapters' generosity, we are even closer to hitting our goal!

Join us virtually in the Oncology Nursing Foundation Booth at ONS Bridge[™] on September 9, 14, and 16, 2021, to celebrate the leadership and contributions of our ONS chapters during this year's Parade of Chapters.

** The parade represents what we all care deeply about, which is helping our nursing community to develop its leaders. 99

-ONS President Nancy Houlihan, MA, RN, AOCN®

Special Award Funds More Than 110 Blood and Marrow Transplant Nurses' Career Development Over the Past 25 Years

For more than 25 years, the Josh Gottheil Memorial Fund has provided generous funding to the Oncology Nursing Foundation to support career development opportunities for blood and marrow transplant (BMT) nurses. The Josh Gottheil Memorial Bone Marrow Transplant Career Development Awards program was created in memory of Josh Gottheil, who succumbed to lymphoma at a young age. Dr. Diane Gottheil, Josh's mother, and Lisa Gottheil, Josh's sister, recalled the tireless and compassionate care of the oncology nurses that cared for Josh.

"The BMT nurses who cared for Josh did so with untiring attention and compassion and their knowledge base was vast. BMT nurses everywhere deserve recognition and appreciation for their professional ability and the work they do. Josh's fund is dedicated to support for these vitally important health care professionals." —The Gottheil Family

Thanks to the Fund, more than 110 nurses have participated in this Foundation program since it was established.



⁶⁶ The 2021 Transplant and Cellular Therapy Meetings gave me insight on how difficult the past year has been on so many frontline healthcare workers and the effects on the BMT community. The sessions on oncologic emergencies, CAR T-cell therapy, veno-occlusive disease, dermatologic issues, and difficult conversations were very relevant and will be beneficial to my current practice as an inpatient BMT nurse.

-Corinna Dyl, BSN, RN, BMTCN®, UF Health Shands Cancer Hospital





Why I Created a Legacy for Oncology Nursing

Welcome New Legacy of Care Society Member Dr. Deborah Kirk!

Deborah Kirk, DNP, FNP-BC, NP-C, AOCN[®], FAANP, is associate dean postgraduate

and associate professor in the School of Nursing and Midwifery at Edith Cowan University in Australia.

She is a past president of the Oncology Nursing Foundation (2016–2017) and a past ONS director-at-large, and has served in numerous volunteer roles throughout the ONS enterprise. Debbie joined the Foundation's Legacy of Care Society in 2021. She shares her legacy story here with our readers.

What led you to the field of oncology nursing?

I started my career as a nurse practitioner in oncology. It was not something that I initially considered, but I had an excellent opportunity to work with an amazing team. What I realized early on was oncology nursing found me. It inspired me, it changed me, and gave me endless opportunities to make a difference for people. It made me a better nurse practitioner and person.

When did you first come to be involved in ONS?

Locally, I became involved the minute I started in the field in 1999. On a national level, I believe it started in 2006 when I was involved with ONS Congress[®] Planning Team. From there, I continued to involve myself in some capacity every year, including on the Steering Council, review teams, ONS Congress team again, Board of Directors, and Oncology Nursing Foundation.

What is a favorite memory as an ONS member?

My favorite memory is the time I spent on the Board of Directors. Although it was hard work, I felt like I was contributing in a meaningful way to an organization that had given me so many opportunities. During that time, I developed a more in-depth understanding of the Foundation and its important contributions to oncology nursing. It was also during this time that I made some of the best friends a person could ask for.

What is a favorite memory from your time on the Foundation Board?

My favorite memory on the Oncology Nursing Foundation board was when I had the opportunity to speak to the members of ONS at ONS Congress about how their contributions could make a difference to the organization and to oncology nurses. That year, we set a lofty goal, and our members didn't disappoint in exceeding that goal.

Why have you chosen to support future oncology nurses in your legacy plan?

I have chosen to support future oncology nurses because I feel like we are the ones that are going to make the difference.

What inspired your legacy gift to the Oncology Nursing Foundation?

I had a lot of time to reflect this past year on all aspects of my life. One area that stood out were the opportunities that I received through ONS



and the Foundation. Not only have I been a recipient of scholarships to attend ONS Congress, but the organizations have helped to develop my leadership capabilities, project management, and writing skills, to name a few. I want to ensure that others have similar opportunities.

BEQUESTS

Deepen your connection to the profession by including the Oncology Nursing Foundation in your will. A gift through your estate helps to ensure that we continue our mission of support that impacts oncology nurses and their patients for years to come.

SAMPLE BEQUEST LANGUAGE:

"I give to the Oncology Nursing Foundation, a nonprofit corporation currently located in Pittsburgh, PA, or its successor thereto (written amount or percentage of the estate or description of property) for its unrestricted use and purpose."



Grant Writing E-Course Guides Oncology Nurse Researchers Through Effective Proposals

Do you want to become more familiar with grant writing, or need a refresher on the process? The Oncology Nursing Foundation's new e-course can guide you as you prepare your next proposal.

Produced through the generosity of the Lenhard Family Fund, *Keys to Writing an Effective Research Grant Proposal* was designed to enhance a grant applicant's understanding of what constitutes a competitive research grant proposal. By focusing on the application's key sections and providing useful writing tips and knowledge checks, the course guides participants through the grant application process.

The course builds on important ongoing strides by the ONS and Foundation to advance support and resources for oncology nurse researchers for which the Lenhard family has been an ardent champion for many years.



⁶⁶ During my term as president from 2012–2014, the Board accomplished many things of which I am proud. Drs. Susan McMillan and Ray Lenhard represented the Foundation Board on a work group that reviewed the research program of ONS and recommended changes in support for this program that would be implemented by the Foundation. The Board was very supportive of their report, and I believe that it is reflected in the current focus on nursing research via awards and programs at ONS Congress[®].

-Anne Belcher, MN, PhD, Oncology Nursing Foundation Past President, 2012–2014

New 2021 Grant Program Funds Cancer Nurse Scientists

In 2021, the Oncology Nursing Foundation launched a new research grant program to drive the future of cancer nursing science. Each award provides \$50,000 in funding to an oncology nurse-led research project. Congratulations to our five grantees!

- Kristen Haase, PhD, RN, MA, BN, Assistant Professor at University of British Columbia is researching "Designing a Tailored Self-management App to Support Older Adults with Cancer and Multimorbidities"
- Natalie S. McAndrew, PhD, RN, ACNS-BC, CCRN-K, Assistant Professor at University of Wisconsin-Milwaukee is researching "Meaning-Centered Psychotherapy for Family Caregivers of Hematopoietic Stem Cell Transplant Patients: Intervention to Improve Family-Focused Palliative Care"
- Jamie Myers, PhD, RN, AOCNS[®], Research Associate Professor at University of Kansas School of Nursing is researching "Emerging from the Haze: Randomized, wait-list controlled pilot comparing two telehealth virtual delivery formats of a multi-dimensional psychoeducational cognitive rehabilitation intervention for cancer survivors reporting impaired cognitive function"
- **Memnun Seven**, PhD, RN, MSN, Assistant Professor at University of Massachusetts Amherst is researching "Assessing cancer survivorship care disparities in people of color (Disparities In SUrvivorShip carE-DISUSE)"
- Yehui Zhu, PhD, RN, Postdoctoral Research Fellow at Massachusetts General Hospital is researching "Aromatase Inhibitor-Associated Musculoskeletal Syndrome (AIMSS) in Breast Cancer: Through Biobehavioral and Neuroimaging Lenses"

The 2021 Cancer Nursing Scientist research program is in part supported by a generous contribution from Genentech, A Member of the Roche Group.





Nurse's Continuing Education Dream Fulfilled With Academic Scholarship

"I am so excited to receive this scholarship! I have been in nursing for 33 years,

27 of which has been in medical oncology. When COVID-19 hit, we all had to basically stay home, but for nurses, the work just seemed to double. We were all scrambling to adjust to new levels of personal protective equipment while still sharing our skills and compassion with our patients. On the other side of this coin was home life, which came to a standstill. No more going out and visiting, not even with our neighbors! I felt it was a good time to further my education in my own field. I had made a promise to myself 33 years ago to complete my nursing degree but never fulfilled my own promise until now. That is why I'm so excited to receive this scholarship. It has come at a very opportune time. I was hesitant to go back to school because of my age, but I'm finding out that age has nothing to do with furthering education. I haven't felt this young in years! You are truly never too old to learn! Thank you so much to the Oncology Nursing Foundation for making my continued education possible!" —Heidi Jakob, RN, OCN[®], attending Western Governors University

The Oncology Nursing Foundation has recently awarded 100 academic scholarships to aspiring oncology nursing students across the United States pursuing bachelor's, master's, or doctoral degrees. In total, the Foundation distributed \$457,000 from the endowment and special funds to support the 2021 academic scholarship program.

The scholarships were made possible thanks to the Foundation's Mary Scherbring Fund, Ann Olson Fund, Ohio Practice Alliance Fund, Oncology Nursing Certification Corporation, and other longtime Foundation contributors. We are grateful to the numerous donors, past and present, who have committed funds to support the educational aspirations of oncology nurses now and in the future.

Student Nurses Attend ONS Congress® Thanks to Special Fund

Ten students received the Ceira Boyle Oncology Student Nursing Scholarship to attend ONS Congress[®] in 2021. This special fund within the Foundation was created by long-time ONS member Debi Boyle, RN, MSN, AOCN[®], FAAN, who is also a past trustee of the Oncology Nursing Foundation Board. Named in memory of her beloved daughter, the scholarship fund supports student nurses interested in pursuing a career in oncology nursing.

This year's students hailed from Texas, California, Pennsylvania, Michigan, Virginia, Maryland, District of Columbia, and as far as Kisumu, Kenya. Laura Fennimore, DNP, RN, NEA-BC, FAAN, past president of the Oncology Nursing Society and University of Pittsburgh Professor of Nursing, served as program mentor for this year's scholarship recipients. We thank her for her helpful insights throughout the students' ONS Congress experience.



I was inspired to become an oncology nurse after losing my dad to lymphoma. I believe that a patient's nurse can play a significant role in their treatment and recovery from cancer, and I am excited to have that opportunity when I graduate. As a student, this ONS Congress will be a unique and beneficial resource to learn about the latest research and how to provide the best care possible to patients with cancer. I can bring the information learned back to my peers as well as to my future career in nursing. I am very grateful for this opportunity. Receiving this scholarship makes my attendance possible and will set me up for success in my future career.

-Jennifer Stryker, Herndon, VA

Contact info@onfgivesback.org to learn how you can support oncology nursing student scholarships.



A 2021 Congress[®] Scholarship Delivers on Learning and Networking

The 2021 Congress[®] Scholarship program of the Oncology Nursing Foundation helped 14 recipients cover the full cost of registration for the virtual ONS Congress[®]. This program is supported in part by the Foundation's Nancy Berkowitz Scholarship Fund, Ron Schlesinger Scholarship Fund, and the Oncology Hematology Care, Inc., and CEBONS Karen Zapotoski Memorial ONS Congress Scholarship funds.



⁶⁶ Receiving an ONS Congress scholarship through the Oncology Nursing Foundation will allow me to participate in the 2021 ONS Congress. I will be able to communicate with colleagues across the globe, identify research gaps, and network with senior nursing researchers. I plan to disseminate the latest information I gain from the conference with faculty, nurses, and nursing students in my dissertation study team, who are from both China and America. Thank you for awarding me with this scholarship. 99

-Jinghua An, MSN, RN, Chicago, IL

I fondly remember before the Mara lecture at ONS Congress, the parade of nurses who received scholarships as they marched into the auditorium. The smiles and pride of the recipients and the enthusiasm of the clapping audience were amazing. The recipients kept coming and coming and coming; there were so many. The results of the Foundation's work were in full view. Serving as president provided me with the opportunity to appreciate how smart and caring oncology nurses are and the important role they play in our lives.



-Cynthia LeBlanc, EdD, Oncology Nursing Foundation Past President, 2017-2019

Milestone Memory



Margaret Hansen Frogge, RN, MSN Oncology Nursing Foundation Past President, 2008–2010

"When I joined the board in 2006, the Oncology Nursing Foundation was launching a major capital campaign to establish an endowment that would serve as a stable source of funding for us for the future. The campaign also celebrated the Foundation's 25th silver anniversary. Under the skilled leadership of Kevin Sowers, RN, MSN, as Foundation president, the campaign was extensive and

far-reaching. Little did I know exactly what the campaign would really mean for ONS, for the Foundation, and then for me when I became the Foundation president in 2008. The Silver Anniversary Campaign raised more than \$7.5 million from a multitude of supporters, including ONS members, corporations, organizations, partners, and friends. We exceeded the goal by 25%, and both the awareness and the funds generated during the campaign were pivotal points in our growth, launching a new era of support for education, research, and leadership."

** The Foundation now had a base of \$10 million in endowment upon which we could step onto the world platform and be the leader in cancer nursing care.



APPLY NOW!

Apply for educational scholarships through the Oncology Nursing Foundation. The following opportunities for 2022 funding will open on September 15, 2021.

Academic Scholarship applications for undergraduate, master level and doctoral studies

Ceira Boyle Oncology Student Nursing Scholarship applications

ONS Congress[®] Scholarship applications

VISIT GIVE.ONSFOUNDATION.ORG TO MAKE YOUR GIFT TO THE ONCOLOGY NURSING FOUNDATION!

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40 Years of Impact

- First research grant awarded in 1984
- More than **\$12 MILLION** invested in cancer nursing research
- 624 individual research grants for nurse scientists
- 1,267 academic scholarships awarded
- Conference scholarships given to more than 1,671 nurses
- NUMEROUS mentoring, career, and leadership awards

Return of IRA Requirement Is an Opportunity to Support the Foundation

If you are 70.5 or older, you can give any amount (up to a maximum of \$100,000 per person) per year from your IRA directly to a qualified charity, such as the Oncology Nursing Foundation, without having to pay income taxes on the money. Gifts of any value \$100,000 or less are eligible for the benefit, and you can feel good knowing that you are making a difference at the Oncology Nursing Foundation.

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We must receive your gift by December 31 for your donation to qualify this year and funds must be transferred directly to the Foundation. Contact the Foundation to request an easy to use form for your transfer, or If you have check writing privileges on your IRA, please mail your check by December 18 to give us time to process your gift before the end of the year.

Create Your Legacy for Oncology Nursing!

Legacy gifts support education for oncology nurses, ensuring recipients will improve the lives of patients with cancer.

A wide variety of legacy giving options are available, including:

- Beneficiary designations through IRAs and retirement plans, life insurance policies, or commercial annuities
- A donor advised fund, which is like a charitable savings account, giving you the flexibility to recommend how much and how often money is granted to the Oncology Nursing Foundation
- A gift through your will or trust

Contact Barb Cinpinski at bcinpinski@onfgivesback.org or 412-859-6409 with questions or to set up a confidential conversation.



TO OUR GENEROUS SUPPORTERS FOR HELPING THE ONCOLOGY NURSING FOUNDATION FURTHER OUR MISSION TO SUPPORT CANCER NURSING EXCELLENCE!

